



MY FIRST PITCH IS BASEBALL CANADA'S INTRODUCTORY PITCHING PROGRAM.



**ALL BNS MEMBER COACHES ARE INVITED TO JOIN
TECHNICAL DIRECTOR, CORY BOUTILIER, FOR AN INTERACTIVE
SESSION FOCUSING ON MECHANICS, DRILLS, AND CORRECTING
COMMON FAULTS.**

LOCATION

**SHELBURNE REGIONAL HIGH SCHOOL
(SHELBURNE)**

DATE AND TIME

MONDAY, FEBRUARY 25TH

6:00–7:30 PM

NO PRE-REGISTRATION NECESSARY—FOR MORE INFORMATION EMAIL CBOUTILIER@SPORTNOVASCOTIA.CA