



**MY FIRST PITCH IS BASEBALL CANADA'S INTRODUCTORY PITCHING PROGRAM.**



**ALL BNS MEMBER COACHES ARE INVITED TO JOIN  
TECHNICAL DIRECTOR, CORY BOUTILIER, FOR AN INTERACTIVE  
SESSION FOCUSING ON MECHANICS, DRILLS, AND CORRECTING  
COMMON FAULTS.**

**LOCATION**

**BRIDGEWATER JR HIGH SCHOOL (BRIDGEWATER)**

**DATE AND TIME**

**TUESDAY, MARCH 26TH**

**6:30–8:00 PM**

**NO PRE-REGISTRATION NECESSARY—FOR MORE INFORMATION EMAIL [CBOUTILIER@SPORTNOVASCOTIA.CA](mailto:CBOUTILIER@SPORTNOVASCOTIA.CA)**